



Men's Health Information Evenings

Research & Education Foundation
Sligo General Hospital
www.ref-sligo.ie

Open Public Meetings in Celebration of
International Men's Health Week 2009

Education & Training Centre
Sligo General Hospital

Access via Connaughton Road
(Venue will be signposted)

“Increasing
awareness of
important male-
specific health
issues”

Tuesday 16th June 2009
7.00 pm

FREE carbon monoxide and lung
function testing (operating on a first come,
first served basis)

7.30 pm

“*Sexual Dysfunction in Men:
It Could Happen to you!*”
Prof. W. Dinsmore
Royal Victoria Hospital, Belfast

8.00 pm

“*Healthy Mind—Healthy Body*”
Addressing Mental Health in Ageing Men
Dr. Geraldine Mc Carthy
Consultant Old Age Psychiatrist,
Sligo Mental Health Services

8.30 pm

“*Sun Awareness*”
Preventing Skin Cancer
Ms. Selene Farrell
Dermatology Clinical Nurse Specialist,
Sligo General Hospital

Wednesday 17th June 2009
7.00 pm

FREE cardiac risk assessment, cholesterol
checks and body mass index (BMI)
measurement (operating on a first come,
first served basis)

7.30 pm

“*Osteoporosis in Men*”
Dr. John Doherty
Consultant Geriatrician,
Sligo General Hospital

8.00 pm

“*Your Check - Up:
Exploring Some Common Myths*”
Dr. Paul Money
General Practitioner, Co. Sligo

8.30 pm

“*Men - Get Active and Into Shape*”
Ms. Eimear Donlon
Health Science & Physiology Lecturer
Institute of Technology, Sligo

Men and women of all ages, with an interest in men's health are welcome to attend!

